



Preferred Drug List

NEW DRUG REVIEW

Proprietary Name: Citracal® Prenatal + DHA

Common Name: Prescription Prenatal/postnatal/multivitamin/mineral capsule tablet combination with omega-3 fatty acids

PDL Category: Vitamins - Miscellaneous

<u>Comparable Products</u>	<u>Preferred Drug List/ Recommended Drug List Status</u>
Duet® Tab	Preferred
Embrex® 600	Non-Preferred
Optinate®	Non-Preferred

Summary

Indications and Usage: Improvement of nutritional status of women prior to conception, throughout pregnancy, and for both lactating and nonlactating mothers in the postnatal period.

Dosage Forms: Combination package of tablets and a 250mg capsule of Martek DH

Recommended Dosage: One tablet and one capsule by mouth once daily

Common Adverse Drug Reactions: Allergic reactions to the folic acid component

Contraindications: Any known hypersensitivity to any of the product's ingredients

Manufacturer: Mission Pharmacal Co.

Analysis: Citracal® Prenatal + DHA combines a prenatal vitamin and mineral tablet with a DHA capsule of Martek DH (a plant-derived essential omega-3 fatty acid). There are several preferred prenatal vitamin products available on the Preferred Drug List that provide adequate supplementation of folic acid, and calcium with or without iron that are more cost effective. Additionally, there is inconclusive evidence that supplementation of omega-3 fatty acid during pregnancy improves pregnancy outcomes and/or infant development according to an AHRQ evidence report published in August, 2005.

IME Recommendation:

Preferred Drug

Recommended Drug

Non-Preferred Drug

Non-Recommended Drug

Preferred Drug with Conditions