



## Preferred Drug List

### NEW DRUG REVIEW

**Proprietary Name:** Lybrel®

**Common Name:** Levonorgesterel/Ethinyl Estradiol Tablets

**PDL Category:** Contraceptives - Monophasic Combination

<u>Comparable Products</u>	<u>Preferred Drug List/ Recommended Drug List Status</u>
Nordette®	Preferred
Seasonale®	Non-Preferred
Seasonique™	Non-Preferred

#### Summary

**Indications and Usage:** Prevention of Pregnancy

**Mechanism of Action:** Suppresses LH & FSH which inhibits ovulation, modifies cervical mucus and endometrium

**Dosage Forms:** Tablets; ethinyl estradiol/levonorgestrel 20/90mcg

**Recommended Dosage:** 1 tablet by mouth once daily

**Common Adverse Drug Reactions:** Nausea, vomiting, unscheduled bleeding, weight gain, difficulty wearing contact lenses, breast tenderness

**Contraindications:** Undiagnosed abnormal genital bleeding, history of breast cancer, history of estrogen-dependent neoplasia, history of or active DVT or pulmonary embolism, active or recent arterial thromboembolic disease, hepatic dysfunction, hypersensitivity to any ingredients of the compound, known or suspected pregnancy, heavy smoking in patients >35 years old.

**Manufacturer:** Wyeth Pharmaceuticals, Inc.

**Analysis:** Lybrel® is a low dose, combination product oral contraceptive where the patient takes a tablet containing ethinyl estradiol/levonorgestrel continuously, thus eliminating scheduled menstrual periods and replaces them with unplanned, breakthrough bleeding or spotting. There are no placebo tablets as part of this product. Other oral contraceptive products containing ethinyl estradiol and levonorgestrel, appear as preferred products on the Preferred Drug List that are more cost effective. Additionally, continuous contraception without regular menstrual cycles is not appropriate for all women wishing to prevent pregnancy.

**IME Recommendation:**

<input type="checkbox"/> Preferred Drug	<input type="checkbox"/> Recommended Drug
<input checked="" type="checkbox"/> Non-Preferred Drug	<input type="checkbox"/> Non-Recommended Drug
<input type="checkbox"/> Preferred Drug with Conditions	